



7th International Conference Of The Iraqi Hypertension Society (IqHS)

8-9 August 2024

Grand Millennium Hotel
Sulaymaniyah, Iraq



Organized by

AdraTM

Schedule: Day 1

8 August

Start At
8:00-5:45

Registration 8:00-8:30

Session 1: 8:30-10:00

Advancing Hypertension management, innovation and challenges in the MENA region

Moderator:

Dr. Hilal Al-Saffar-Iraq

Speakers:

Dr. Robert Najem / Lebanon

Dr. Bader Ali Almustafa / Saudi Arabia

Dr. Mohammad Ali Ghnaimat / Jordan

Dr. Mohamad Mansour / Lebanon

Dr. Islam Abusido / Jordan

Dr. Zanyar Aghal / Kurdistan Al Iraq

Dr. Naghm Kareem Maalla / Iraq

Discussion: 10 min

Company Presentation:

MERCK

Dr. Islam Abusido

The Comeback of BBs in Management of Hypertension
in ESH 2023

Dr. Arshad Fuad

Clinical Case Scenarios in Management of Hypertension:
What the Guidelines Didn't Tell You

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MERCK

Schedule: Day 1

8 August

Start At
8:00-5:45

Session 2: 10:00-12:05

Hypertension and Cardiac Diseases:
Understanding the Connection
and Implications for Health

Chairpersons:



Dr. Muthanna Al-Quraishi
Dr. Mohammed Ameen
Dr. Dara Mohammed

Speakers:

DR. Ahmad Baajour	Cardiometabolic Syndrome: Integrative Approaches to Prevention and Management	15 min
Dr. Zanyar Aghal	Management of Hypertension in Kurdistan Al Iraq: Challenges and Goals	15 min
Dr. Sabah MH Zangana	Cardiovascular Risk Assessment in Hypertension Management	15 min
Dr. Adnan Al-Ta'an	MINOCA (Innovation and insight of Hypertension)	15 min
Dr. Falah Alazzawi	Balancing act : addressing Hypertension in context of heart failure	15 min
Dr. Najah Al-Moussawi	From crisis to control: managing hypertension during acute coronary syndrome	15 min

Discussion: 10 min

Company Presentation: 25 min

 Boehringer Ingelheim	Latest updates in the management of Cardio-Renal-metabolic syndromes & the role of Empagliflozin, with focus on Heart Failure	15 min
Dr. Hassan Farhan		
 Ultra Medica Pharmaceutical Industries	Early Initiation of Sacubitril/Valsartan in Patients With Acute Heart Failure and Renal Dysfunction	10 min
Dr. Jawad Hawas		

Coffee Break: 12:05 -12:35



Schedule: Day 1

8 August

Start At
8:00-5:45

Session 3: 12:35-2:30

Hypertension and comorbidities:
Understanding and Managing Coexisting conditions

Chairpersons:


Dr. Bawar Hussein
Dr. Hamzah Al-Majedi
Dr. Mohammed Omar

Speakers:

Dr. Abbas M. Rahmah	Diabetes and Hypertension: uniting forces for comprehensive cardiovascular care	15 min
Dr. Haider Ali	Targeting Neurological Complications of Hypertension: Insights into Prevention and Treatment	15 min
Dr. Ali Mousa	The Heavy Burden: Exploring the Interplay Between Obesity and Hypertension	15 min
Dr. Emad Abdulghani	Stress and Hypertension: the role of mental health in Cardiovascular health	15 min
Dr. Zahraa Abdullah	The eye as a window to Cardiovascular health: Hypertension and ophthalmology impliasion	15 min

Discussion: 10 min

Company Presentation: 30 min

novo nordisk®  Dr. Hilal Alsaffar	Healthy Hearts and Weight Management: The Intersection of Obesity, CVD, and Medical Interventions	15 min
Dr. Haider Alidrisi	New Generation Insulin; Multifaceted Approach for a New Era in Diabetes Comorbidities	15 min

Lunch & Rest: 2:30-3:30



Schedule: Day 1

8 August

Start At
8:00-5:45

Session 4: 3:30-4:35

Role of Non pharmacological therapy in control and treatment of Hypertension

Chairpersons:

Dr. Ali Al-Sultani
Dr. Saeed Majid
Dr. Hussein Alkenazwa

Speakers:

Dr. Bader Ali Almustafa	Physical exercise in Hypertension: when not to prescribe	15 min
Dr. Dler SH. Hamid	Why should measure BP during sleep? Role of using ABPM	15 min
Dr. Dahat Jamal Hawezy	Hypertension and Environmental Factors: Understanding and Mitigating Risks	15 min

Discussion: 5 min

Company Presentation: 30 min

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Dr. Hilal Alsaffar

Beyond Hypertension: Key principles and practices for better control

15 min

**NO BEAUTY SHINES
BRIGHTER THAN
A HEALTHY HEARTS**

Schedule: Day 1

8 August

Start At
8:00-5:45

Session 5: 4:35-5:45

Special Topics in Hypertension

Chairpersons:

Dr. Mudhafar Al-Barzani
Dr. Ghazi Al-Haji
Dr. Karim Alnaffi

Speakers:

Dr. Mohammed Omar	The pharmaco-epigenetics of Hypertension- a focus on micro RNA	15 min
Dr. Georges B. Tedy	History of cardiac transplantation in Lebanon	15 min
Dr. Ahmed Altayyar	Hypertension and Obstructive sleep Apnea: diagnostic Challenges	15 min

Discussion: 5 min

Company Presentation: 20 min



Dr. Raed Sabri

a -Micro labs. Company Profile

b -The Role of Dapagliflozin in the Management
of Heart failure

20 min

Open Ceremony: 9:00-11:00

Welcoming and open ceremony

Masters of Ceremony:

Dr. Ghazi Farhan Haji
Dr. Bawar Hussein
Dr. Hilal Al-Saffar

- Pioneer presentation
- Dinner



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Schedule: Day 2

9 August

Start At
8:00-6:35

Session 1: 8:00-10:10

Resistant Hypertension:
Finding Hope and Solutions

Chairpersons:

Dr. Ali Al Saedi
Dr. Mazin Hazza
Dr. Taha Mahwy

Speakers:

Dr. Houssam Rabah	Breaking Down the Barriers: Understanding the Complexities of Adherence in Resistant Hypertension	15 min
Dr. Abd Alhamid Al-Qaseer	Managing Hypertension and obstructive sleep apnea strategies for better health	15 min
Dr. Sami Salman	Impact of Rheumatology therapy on hypertension drug treatment	15 min
Dr. Hussein Nasser	The Role of Renal Artery Denervation for Management Patient with resistant Hypertension	15 min
Dr. Ali Allawi	Breaking the barriers: understanding and managing Resistant Hypertension	15 min
Dr. Haider Alidrisi	Pitfalls in the laboratory assessment of Pheochromocytoma (interactive clinical cases)	15 min

Discussion: 10 min

Company Presentation: 30 min

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Dr. Raed Sabri

Edarbi & Edarbyclor: A New Era of Hypertension Management

15 min



PIONEER
FOR PHARMACEUTICAL INDUSTRIES

Dr. Ali Khaleel

Cognitive dysfunction and hypertension

15 min

Coffee Break: 10:10 -10:40



Schedule: Day 2

9 August

Start At
8:00-6:35

Session 2: 10:40-12:35

Hypertension and Dyslipidemia Across Gender and Age Patterns, Risks, and Management

Chairpersons:




Dr. Sadeq Al-Hamash
Dr. Enas Al-Hamdani
Dr. Sura Abd Alwahab

Speakers:

Dr. Abdulkareem AL-Othman	Managing Hypertension in elderly: navigating risk and treatment strategies	15 min
Dr. Adnan Al-Jbory	The Future Medicine in the Management of Hypertension	15 min
Dr. Aso Faeq Salih	Tiny Tickers, Big Concerns: The Rise of Hypertension in Kids	15 min
Dr. Basim Abd Ali	Pharmacologic Management of Dyslipidemia: Statins and Beyond	15 min

Discussion: 10 min

Company Presentation: 45 min

 الدولية للدواء PHARMA INTERNATIONAL Dr. Haitham Alkubaisi	Facts about antihypertensive medications compliance	10 min
 Dr. Gelal Alta'ai	Dyslipidemia: Should We Go Lower Faster?	15 min
 ORGANON Dr. Nagham Maalla	Paradigms in Management of Hypertension with Single-Pill Combinations	20 min

12:35-3:35

Hotel check out
Prayer
Rest
Lunch



Schedule: Day 2

9 August Start At
8:00-6:35

Session 3: 3:35-5:30

Optimizing Care in Hypertension

Chairpersons:



Dr. Hasan Farhan
Dr. Ameen AL-Alwani
Dr. Khaled Al-Abayji

Speakers:

Dr. Aram Jamal	Optimize Blood pressure control in Catheterization lab: Techniques and strategies	15 min
Dr. Nibras Al-Hamdani	The link between Erectile dysfunction and Hypertension: what you need to know	15 min
Dr. Haider Al-Kahji	Smart solution: harnessing artificial intelligence for Hypertension care	15 min
Dr. Sameerah Rashid	Visualizing the heart of Hypertension: advanced Echocardiography approaches for comprehensive Evaluation	10 min
Dr. Asaad Al-Aboodi	Echocardiography in Pulmonary Hypertension: A Review of the Key Parameters and Clinical Implications	10 min
Dr. Ali Almusawi	Innovation of Cardiovascular imaging for hypertensive Patients	15 min

Discussion: 10 min

Company Presentation: 25 min

 مستشفى البودور ALBUDOOR HOSPITAL	Brief of Al-Budoor Private Hospital	10 min
Dr. Aqeel Aleqabe		
 Ultra Medica Pharmaceutical Industries	Empagliflozin in ASCVD	15 min
Dr. Omar Alhamad		

Schedule: Day 2

9 August

Start At
8:00-6:35

Session 4: 5:30-6:35

Different Faces of Hypertension

Chairpersons:

Dr. Qasim Aldwry
Dr. Abdulameer Abdulbari
Dr. Mohammed Waheeb

Speakers:

Dr. Mohamad Mansour	Optimizing Outcome: Preoperative Cardiac Assessment for Non-Cardiac Surgery	15 min
Dr. Nasser Altimimi	The future of Hypertension treatment: stem cell therapy	15 min
Dr. Ali Al-Rawaf	Managing Emergency Hypertension: A Critical Guide for Healthcare Providers	15 min

Discussion: 5 min

Company Presentation: 15 min

 **Al-sadiq**
Scientific Bureau
Dr. Jasim Al-khalidi

Hypertension in Adult congenital heart disease

15 min

Closing Remark
Gifts and Certificates receiving

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Albudoor Hospital



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